

# Symbols, beliefs and teachings in Hinduism

## Links:



- Reception - celebrations around the world - we learn about Diwali, why Hindus celebrate it and what it means to Hindu. We learn about how Hindus celebrate this festival.
- Year 4- What does it mean to be a Hindu? We learn about Hindu values and what is important to Hindus including values and caring for family and friends. Learn about what Hindus do in a Mandir.

## Key Knowledge

Hindus have a sacred holy text which they use to make decisions about how they behave in their day to day life. One of these is the Bhagavad Gita.

Hindus celebrate a range of festivals which embody their beliefs throughout the year. Examples include Raksha Bandhan (when Hindus celebrate friendship and brother/ sisterhood) and also Diwali.

Hindus worship in Mandirs (places of worship) and also at home.



## Key Vocabulary

- Bhagavad Gita - epic poem and ancient holy text sacred to Hindus.
- Aum - symbol of Hinduism
- Mandir - Hindu place of worship
- Puja - Hindu worship at home
- Murti - small statue of a Hindu god in a Mandir or at home
- Shrine
- Raksha Bandhan - a Hindu festival in which Hindus express love and care for one another and in particular for their siblings
- Rakhis - a bracelet tied around the wrist of an appreciated family or friend member during the festival of Raksha Bandhan
- Diwali - the Hindu festival of light
- Diya - a lamp burned during Diwali
- Mantra - A chant or words of religious significance