

# Holy Communion

## Key vocabulary

**Holy Communion (The Eucharist)** - A ritual that some Christians take part in to remember Jesus, his death and how it meant that Christians were saved from sin.

**ritual** - A ritual is similar to a ceremony. In a ritual, a series of things is done in a special order. Rituals are sometimes done every week, or every day, or at special times. They often have religious or spiritual significance.

**disciples** - a personal follower of Christ during his life

**sacrifice** - Christ giving himself up for the sins of people

## Links:

In Year 3 we learnt about who the most important person in the Easter story and that Jesus is the bread of life.

## Key knowledge

The Last Supper:

**Holy Communion** is a re-enactment of the **Last Supper**, the final meal that **Jesus Christ** shared with his **disciples** before his arrest, and **crucifixion**.



Giving his disciples **bread and wine** during the meal, Jesus commanded his followers to "do this in memory of me" while referring to the **bread as "my body"** and the **wine as "my blood"**.



Through this celebration, Christians remember **Christ's sacrifice** of himself on the **cross**, by partaking in the Body of Christ, the bread; and the Blood of Christ, the wine.