



St Jude's C of E Primary School's Subject Stories P.E.



Intent

We aim to develop our children's physical development with diverse, engaging and practical P.E. teaching. Our exciting curriculum focuses on the progression of core skills in a variety of indoor and outdoor P.E. sessions, while introducing our students to a variety of different sports.

At the centre of our curriculum is a focus on the development of core skills that are applicable in a variety of sporting disciplines. A core skill-set allows the students to confidently access the different sports that the school provides in lessons, in clubs and in teams. This begins in reception with basic ball and catching skills all the way to Y6 where students are focusing on the core skills of football, hockey and gymnastics amongst others. Furthermore, the curriculum is seasonally organised to reflect the weather and sporting calendar to capitalise on interest in certain sports.

We will continue to provide our students with opportunities to become physically confident by developing their physical health, competitive nature and love for sports. In July 2019, a then Y5 pupil, Dylan, commented that *'I feel I've had a go at most sports at St. Jude's. I even play for the netball team but rugby's still my favourite'* in a Pupil Voice form.

Implementation

Our curriculum is the 2nd edition of the LCP planning which provides comprehensive, skill-based guidance for teachers while still allowing them the space and scope to utilise their sporting expertise in lessons. This is complimented by outside professionals SG Sports and Moving Matters who respectively provide coaching during lunch, in clubs and also provide specialised CPD twilights for staff and children.

Specifically, Early Years and KS1 focus on core skills such as effective movement, throwing, catching and balancing. These are introduced via different games and play based scenarios building up to some team based activities by the end of Y2. In KS2, these core skills are utilised in indoor and outdoor P.E. lessons with the introduction of invasion games, striking and batting games, net/wall games, gymnastics and athletics.

Furthermore, our netball, gymnastics, football, hockey, rugby, tennis, yoga and cricket clubs allow our children to employ their skills in discipline specific scenarios and competitively against other schools in the city and the Windmill Cluster.

Impact

- ✓ The school competed in a range of competitions including football, rugby, athletics, BMX, netball, futsal, swimming and cricket. Our teams are mostly successful, with the Girls BMX team and boys Cricket Team winning their tournaments.
- ✓ The school held another successful Health and Fitness Week where all students participated in various activities and lessons including running the daily mile, boxercise and yoga as well as all competing in Sports Day.
- ✓ According to student voice surveys, most students strongly agree that P.E. is well taught and resourced. Furthermore, most students believe that there is a wide range of sports on offer in lessons and clubs.
- ✓ Pupils will leave St. Jude's with a varied skillset, a confidence in a variety of sports and a body of competitive experiences to take to their next school.

If you were to walk into a P.E. lesson at St. Jude's, you would see:

- Cumulative skills progression between and within lessons.
- Each lesson has a skill that is taught and then utilised in different ways.
- Questions are used to assess physical effects of exercise, tactics and for student feedback throughout the lesson.
- Children are given the opportunity to praise and critique their and others performances, abilities and development.
- A variety of resources being used throughout the lesson.



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- All children engaged, stretched and enjoying their P.E. lesson.

Pupil Voice

Reception: Travels with confidence and skill around, under, over and through balancing and climbing equipment	Year 1: Zig zag through markers spaced out evenly	Year 2: Zig zag through a set of tightly spaced markers	Year 3: Run at speed over a distance	Year 4: Skip forwards in a fluid motion	Year 5: Gallop with a fluid motion	Year 6: Run as part of a relay team
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Year 5 Pupil: *'Sports Day this year was the best one so far. I really liked all the different activities, especially tunnel ball!'*

Year 3 Pupil: *'I really enjoyed taking part in the touch rugby tournament. We played five other schools and came fourth out of ten schools! We were really happy.'*

Y1 Pupil: *'I love dance. We get to be animals and walk around using our hand and feet with music playing.'*

Outstanding examples of Learning Outcomes



Year 2 girls sprint at sports days 2019



Year 6 in tree pose during Wellbeing Week



Futsal Team training before a competition

Remote Learning

Whilst children are learning remotely, the following approaches are taken to ensure P.E. is consistent and of a high quality:

- Weekly P.E. lessons filmed by the P.E. lead. Uploaded by class teachers on P.E. days.
- Online activities signposted for all classes.
- Physical activity encouraged between lessons for 'brain breaks'.

Diverse Curriculum

As a school, we are passionate that our children receive a broad, balanced, inclusive and diverse curriculum. We have developed anti-racist commitments, and endeavor to fulfill these in every curriculum area, including mathematics. Within this subject, we will ensure:

- Diverse texts about STEM (Science, Technology, Engineering and Mathematics) are present in our class and virtual libraries, especially those which celebrate key figures of different ethnic backgrounds
- Time in the school calendar is designated to celebrating significant figures in history who have contributed to the knowledge and understanding of mathematics. These celebrations will include a diverse range of people, including different ethnicities, genders and cultural backgrounds.



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- Other opportunities are utilised to explore, promote and celebrate diverse figures, such as Family Learning Projects, Home Learning activities, newsletter items, Twitter posts, World Book Day, Science Week, and local community events.

Successes in 2019/2020

- *Mixed 5 and 6 Badminton Team came first in a competition.*
- *Girls football team came 3rd in the largest girls only football tournament in south-London.*
- *School awarded Healthy School Silver Award.*
- *Games Leaders successfully introduced to the school and part of the lunchtime provision.*
- *Successfully taught P.E. remotely with online lessons.*
- *Live workout session for the whole school to replace the school fun run.*
- *Virtual 'Sock - Sports Day' for the whole school.*

Priorities for 2020/2021

- *Despite COVID restrictions, maintain P.E. as a high priority subject.*
- *Ensure children get at least 90 minutes of activity a week plus additional coaching at break and lunch.*
- *Make sure our curriculum is inclusive, accessible and relevant.*