



St Jude's C of E Primary School's Subject Stories P.E.



Intent

We aim to develop our children's physical development with diverse, engaging and practical P.E. teaching. Our exciting curriculum focuses on the progression of core skills in a variety of indoor and outdoor P.E. sessions, while introducing our students to a variety of different sports.

At the centre of our curriculum is a focus on the development of core skills that are applicable in a variety of sporting disciplines. A core skill-set allows the students to confidently access the different sports that the school provides in lessons, in clubs and in teams. This begins in reception with basic ball and catching skills all the way to Y6 where students are focusing on the core skills of football, hockey and gymnastics amongst others. Furthermore, the curriculum is seasonally organised to reflect the weather and sporting calendar to capitalise on interest in certain sports.

We will continue to provide our students with opportunities to become physically confident by developing their physical health, competitive nature and love for sports. In July 2019, a then Y5 pupil, Dylan, commented that *'I feel I've had a go at most sports at St. Jude's. I even play for the netball team but rugby's still my favourite'* in a Pupil Voice form.

Implementation

Our curriculum is the 2nd edition of the LCP planning which provides comprehensive, skill-based guidance for teachers while still allowing them the space and scope to utilise their sporting expertise in lessons. This is complemented by outside professionals SG Sports and Moving Matters who respectively provide coaching during lunch, in clubs and provide specialised CPD twilights for staff and children.

Specifically, Early Years and KS1 focus on core skills such as effective movement, throwing, catching and balancing. These are introduced via different games and play based scenarios building up to some team based activities by the end of Y2.

In KS2, these core skills are utilised in indoor and outdoor P.E. lessons with the introduction of invasion games, striking and batting games, net/wall games, gymnastics and athletics.

Furthermore, our netball, gymnastics, football, hockey, rugby, tennis, BMX, salsa and cricket clubs allow our children to employ their skills in discipline specific scenarios and competitively against other schools in the city and the Windmill Cluster.

Impact

- ✓ The school competed in a range of competitions including football, rugby, athletics, BMX, netball, futsal, swimming and cricket. Our teams are mostly successful, with the Girls BMX team and boys Cricket Team winning their tournaments.
- ✓ The school held another successful Health and Fitness Week where all students participated in various activities and lessons including running the daily mile, boxercise and yoga as well as all competing in Sports Day.
- ✓ According to student voice surveys, most students strongly agree that P.E. is well taught and resourced. Furthermore, most students believe that there is a wide range of sports on offer in lessons and clubs.

If you were to walk into a P.E. lesson at St. Jude's, you would see:

- Cumulative skills progression between and within lessons.
- Each lesson has a skill that is taught and then utilised in different ways.
- Questions are used to assess physical effects of exercise, tactics and for student feedback throughout the lesson.
- Children are given the opportunity to praise and critique their and others' performances, abilities and development.
- A variety of resources being used throughout the lesson.
- All children engaged, stretched and enjoying their P.E. lesson.



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Pupil Voice

Year 5 Pupil: 'Sports Day this year was the best one so far. I really liked all the different activities, especially tunnel ball!'

Year 3 Pupil: 'I really enjoyed taking part in the touch rugby tournament. We played five other schools and came fourth out of ten schools! We were really happy.'

Y1 Pupil: 'I love dance. We get to be animals and walk around using our hand and feet with music playing.'

An example of skill progression within our PE Curriculum

P.E. Skill Focus						
Reception:	Year 1:	Year 2:	Year 3:	Year 4:	Year 5:	Year 6:
Travels with confidence and skill around, under, over and through balancing and climbing equipment	Zig zag through markers spaced out evenly	Zig zag through a set of tightly spaced markers	Run at speed over a distance	Skip forwards in a fluid motion	Gallop with a fluid motion	Run as part of a relay team

Outstanding examples of Learning Outcomes



Year 2 girls sprint at sports days 2019



Year 6 in tree pose during Wellbeing Week



Futsal Team training before a competition

Successes in 2018/2019

- ☺ Another successful Health and Fitness Week featuring sports day, the daily mile, Fit4Kids sessions.
- ☺ Our sports teams continued to compete in competitions with our football, netball and futsal teams doing especially well.
- ☺ Inter-house netball was successfully introduced with high quality games and an enthusiastic crowd.
- ☺ We had our inaugural Wellbeing Week featuring yoga, mindfulness and art sessions.
- ☺ Quality of teaching remains very high with all staff trained in the teaching of gymnastics after a PDM.

Priorities for 2019-2020

- 🎯 Games Leaders to be re-introduced and profile increased via effective scheduling, meetings and links with staff.
- 🎯 Aim for our sports teams to enter 12 competitions (2 a half term) and to continue successes.
- 🎯 Healthy School Silver Award to be applied for.