



St Jude's Online Safety Newsflash



The impact of technology use on our behaviour and relationships



Sensationalist media headlines can create a very negative view of social media and technology as a whole. Often articles are unbalanced opinion rather than factual, so it's always great to read something which does have a balance and informs of the facts, or rather, the fact that we don't necessarily know all the facts. **Click the link below to read more:**



<http://bit.ly/dittomag1>



Online Safety Top Tips of the Week



Taken from the [#Ditto Online Safety Magazine](#), January 2018

Hacking is when someone breaks into your device. They may post private videos and photos which you don't want to post. You could be hacked on all forms of social media such as Snapchat, Instagram, Music.ly or Facebook.



Our top tips:

- Use complicated passwords which include punctuation and capital letters.
- Never give your password out to anyone else, even if they are a friend.
- Make sure you remember your passwords without writing them down.
- If someone does hack your account, shut it down and report this to the social media site.



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